

## -HOW TO EAT AN ELEPHANT-

### Life changing habits for positive change

#### #Mind the GAP

#### “Waiting can change everything”

In this new series we will be looking at aspects of our daily lives that we can develop and change over time. Some of these things will have become a part of who we are and so we will find it difficult to see the changes that need to be made and often it is only when we are confronted with them do we see ourselves in the ‘mirror’ as James suggests.

As we look at James 1:19-25 for the next few weeks, may it encourage us to make small changes every day, to live a life of positive change as we journey to become more Christ-like.

***“But those who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint”*** – Isaiah 40:31

## Prayers

- For church members who are unwell and/or who can no longer attend.
- For the Lunch Club and all who attend
- For opportunities to share the gospel in the community, home & work lives
- For Amy, Ben and their families
- For Merkel’s friends Angela with eye complications and Sonia with cancer
- For the rising amount of children facing difficulties with mental health
- For Karen and family as they care for her nan due to terminal illness
- For open doors/opportunities to serve/help our community
- For the governmental challenges and Brexit negotiations at this time
- For the NHS
- Celebrate the great work the emergency services carry out
- Celebrate the progress made in fighting against gun/knife crime in our city
- Celebrate the positive influence that CGL are having in the community
- For the church in the year ahead

## Today’s Service

- Bible Reading – (SERIES)

### James 1:19-25

- **Songs**

- ❖ All to Jesus I surrender
- ❖ Jesus Christ once again
- ❖ I will offer up my life
- ❖ Who is there like You
- ❖ Reign in us

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## REFLECTION

1. What would you find most difficult about speaking less?
2. Have you ever considered your motive before speaking?
3. Encourage one person this week who you may not get on with
4. Practice WAITING – before responding this week the many forms of communications with others.
5. Spend time reflecting on what it truly means to speak less
6. Spend time with the Lord as you pray the prayer for the week

## Notices

### Sunday 14<sup>th</sup> January 2018

- Next Lunch club will be on **15<sup>th</sup> January 2018**
- Please continue to support our emergency food parcel cupboard by bringing in some things off the list in the foyer when you can  
Thursday morning prayer meeting **9.30am – 10.30am** (once a month date will be arranged)
- Wednesday bible study is now postponed until a later date
- **Next Church Meeting – 28 January 2018 – Dave Ellis (Regional Minister) will be joining us**
- Would you like to be a part of a prayer triplet? Please take time to prayerfully consider how this could be beneficial to you and to others in the church. We will be reflecting on this at the next church meeting in January

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- **Flower Rota - 21 January – Debbie**
  - **Prayer - 21 January – Kelly**
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Church of the Redeemer  
Baptist Church  
Monument Road  
Edgbaston  
Birmingham  
B16 8UZ

**Website:** [www.churchoftheredeemer.co.uk](http://www.churchoftheredeemer.co.uk)  
**Email:** [contact@churchoftheredeemer.co.uk](mailto:contact@churchoftheredeemer.co.uk)  
**Tel:** 07729058031



CHURCH OF THE REDEEMER  
BAPTIST CHURCH



## Prayer for the Week

We cry out  
For your life to revive us cry out  
For your love to define us cry out  
For your mercy to keep us blameless until  
you return

Oh Great and Mighty One, with one desire we  
come  
That you would reign, that you would reign in  
us  
We're offering up our lives, a living sacrifice  
That you would reign, that you would reign in  
us

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us  
You would reign in us

Lord Jesus, please reign in us  
Please reign in us

Father God,

"You know everything about me, you know when I  
stand up and sit down. You know my heart and my  
ways.

Lord, I know that there are things about me that need to  
be developed, there are habits that need to change and  
I know that I can only begin to develop and change my  
habits for healthy new habits with Your help and  
strength.

I ask you Lord to please guide me in this, help me to  
know where to start and what needs to be changed in  
me. Direct my steps and help me to open my heart up  
to you to see these things in me.

Thank you that by Your grace, You are making me new.

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In Jesus' Name

**Amen**

## Notes

## Theme Song

### Reign in us

You thought of us before the world began to breathe  
You knew our names before we came to be  
You saw the very day we'd fall away from you  
How desperately we need to be redeemed Lord  
Jesus come lead us  
We're desperate for your touch

Oh Great and Mighty One, with one desire we come  
That you would reign, that you would reign in us  
We're offering up our lives, a living sacrifice  
That you would reign, that you would reign in us

Spirit of the Living God fall fresh again  
Come search our hearts and purify our lives  
We need your perfect love  
We need your discipline  
We're lost unless you guide us with your light  
Lord Jesus come lead us  
We're desperate for your touch

Oh Great and Mighty One, with one desire we come  
That you would reign, that you would reign in us  
We're offering up our lives, a living sacrifice  
That you would reign, that you would reign in us

***"I am allowed to do all things," but not all things are good for me to do. "I am allowed to do all things," but I will not let anything make me its slave". – 1 Corinthians 6:12***